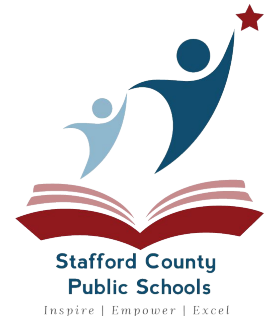


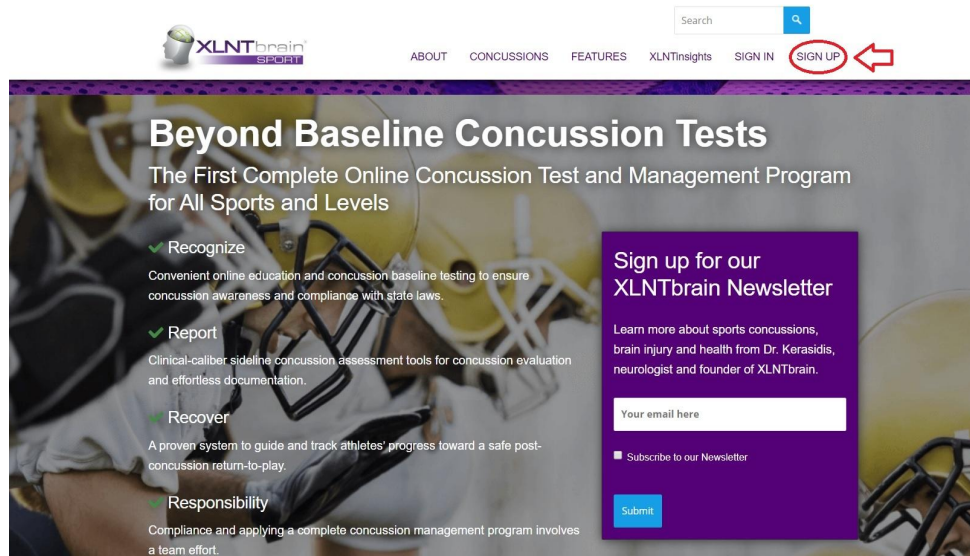
Taking your Baseline Concussion Test At Home with XLNTBrain

A How-to Guide for Student-Athletes



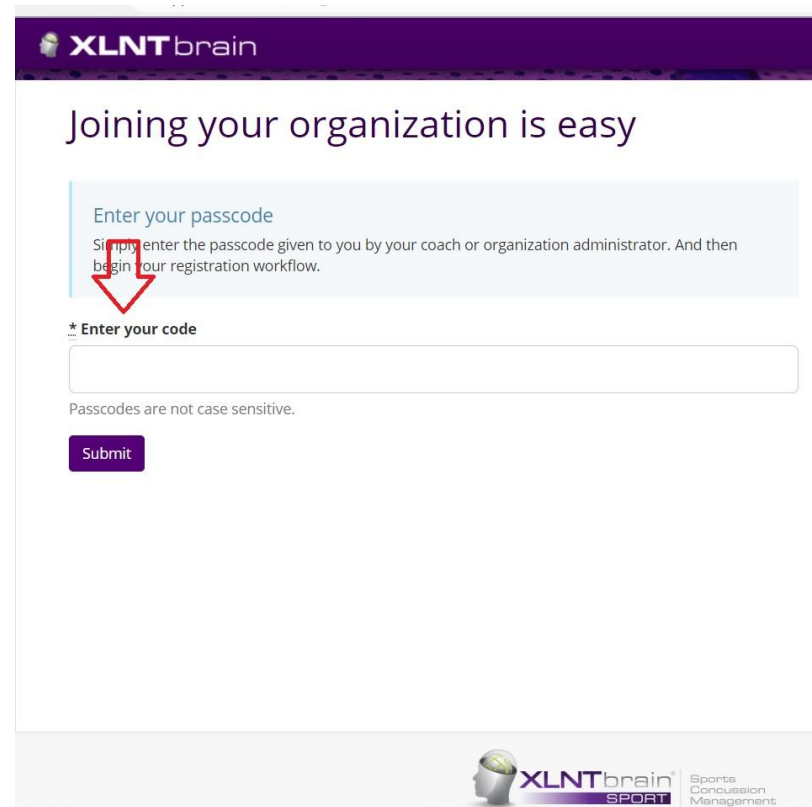
Creating Your Account

- Go to www.xlntbrain.com and click “Sign Up” or “Sign In” ***if you have taken this test before***
- You must use a laptop or desktop computer, NOT a smartphone or tablet



Creating Your Account

- Type in the specific passcode for your school provided by your Athletic Trainer and click “Submit”
- **SEE NEXT SLIDE FOR PASSCODES**



The screenshot shows the XLNT brain registration interface. At the top is a purple header with the XLNT brain logo. Below the header, the text "Joining your organization is easy" is displayed. A light blue box contains the instruction "Enter your passcode" and a sub-instruction: "Simply enter the passcode given to you by your coach or organization administrator. And then begin your registration workflow." A red arrow points from this instruction box to a text input field labeled "* Enter your code". Below the input field, a note states "Passcodes are not case sensitive." and a purple "Submit" button is located at the bottom of the form. The footer of the page features the XLNT brain logo and the text "SPORTS Concussion Management".

XLNT brain

Joining your organization is easy

Enter your passcode

Simply enter the passcode given to you by your coach or organization administrator. And then begin your registration workflow.

* Enter your code

Passcodes are not case sensitive.

Submit

XLNT brain SPORTS Concussion Management

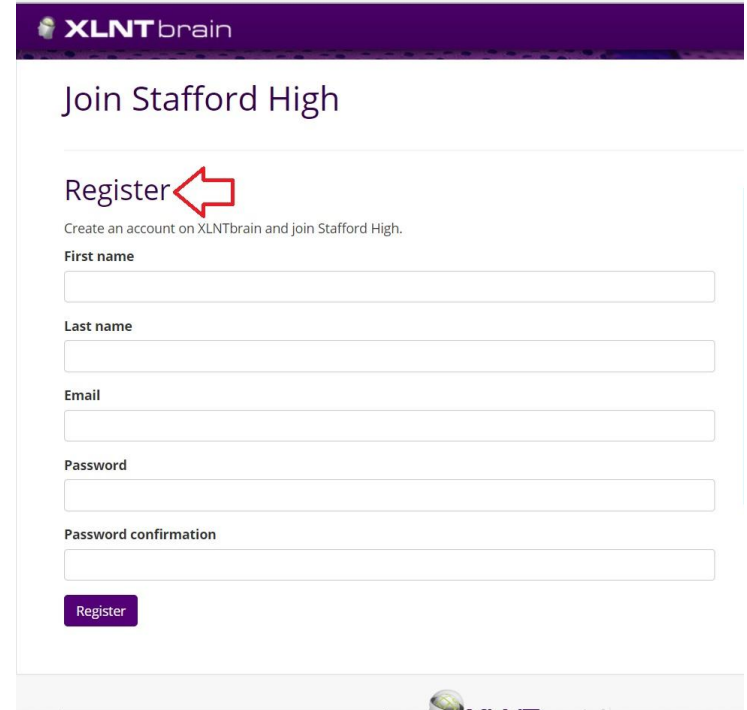
Specific School's Passcodes

**ONLY use your school's passcode, double check you are using the correct code*

- A. G. Wright Middle School Passcode>
AG WRIGHT ATHLETE 1
- H. H. Poole Middle School Passcode>
HH POOLE ATHLETE 1
- Rodney Thompson Middle School
Passcode> RT MIDDLE ATHLETE 1
- Shirley Heim Middle School Passcode>
S HEIM ATHLETE 1
- Dixon Smith Middle school> DIXON
SMITH ATHLETE 1
- Drew Middle School> DREW ATHLETE 1
- Stafford Middle School> STAFFORD
ATHLETE 1
- Gayle Middle School> GAYLE ATHLETE 1

Creating Your Account

- Sign up for an XLNTBrain Account
- Fill out ALL the information and WRITE DOWN your email address and password
- Make sure you do not misspell name or email address



The screenshot shows the registration interface for XLNTbrain. At the top is a purple header with the XLNTbrain logo. Below the header, the text "Join Stafford High" is displayed. The main registration area is a white box with a light blue border. Inside, the word "Register" is followed by a red arrow pointing left. Below this, a sub-header reads "Create an account on XLNTbrain and join Stafford High." The form contains five input fields: "First name", "Last name", "Email", "Password", and "Password confirmation". At the bottom of the form is a purple "Register" button. The footer of the page is grey and contains a small globe icon and some text.

XLNTbrain

Join Stafford High

Register

Create an account on XLNTbrain and join Stafford High.

First name

Last name

Email

Password

Password confirmation

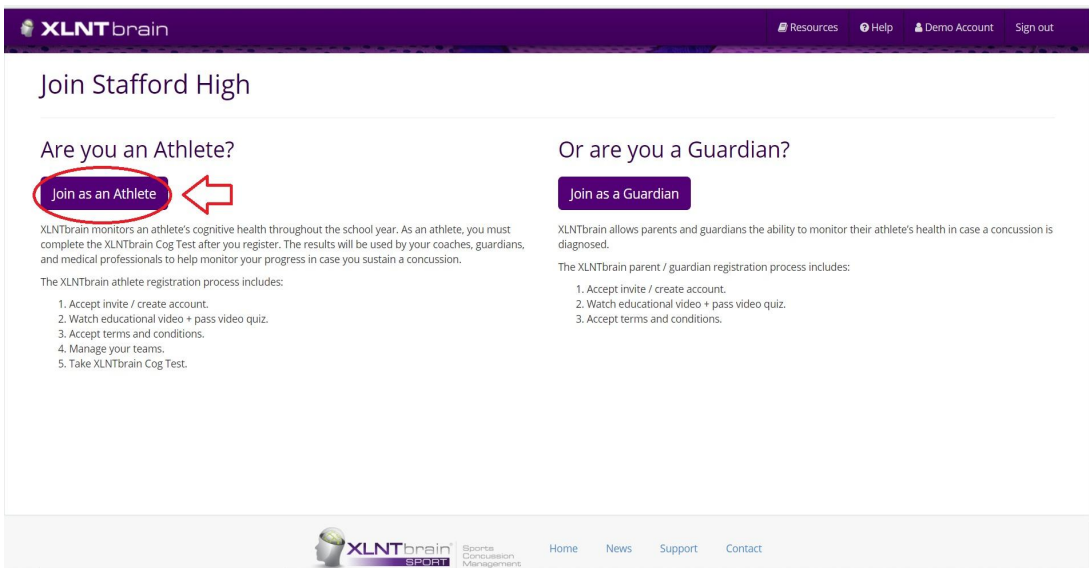
Register

Troubleshooting

- If you have taken this test before and remember your username and password, you may log in with that information
 - If you have a previous account and cannot remember your password, make a new account with a different email address (example: school, personal or parent email)
 - If you are still having trouble making or logging into an account, email your school athletic trainer with your **name, school, and sport**
-
- Alyssa Cox coxae@staffordschools.net
 -

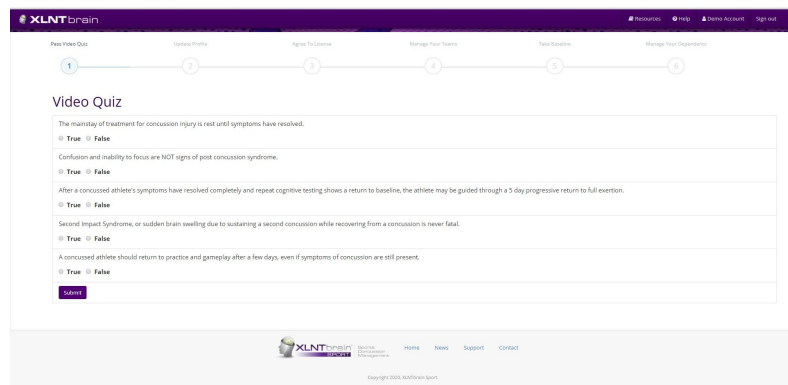
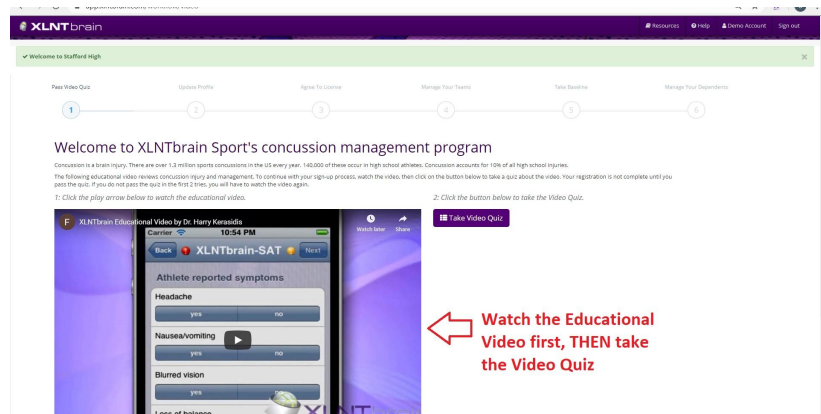
Creating Your Account

- Click the button “Join as an Athlete”



Creating Your Account

- Watch the Educational Video FIRST, then click the purple “Video Quiz” button and take the 5 question quiz
- Retake the quiz as many times as necessary to pass
- You CANNOT take the Baseline Test until you’ve passed the true/false quiz



Creating Your Account

- Update your profile with ALL of the required information
- Click the purple “Save” button at the bottom of the page

The screenshot shows the 'Update Your Profile' page on the XPLNT online platform. At the top, a progress bar indicates the current step is 'Update Profile' (step 2 of 6). The form fields include:

- Name:** First, Last, and Surname text boxes.
- Email:** Email address text box.
- Phone number:** Phone number text box.
- Ref / Green Color Blind?** Radio buttons for 'Yes' and 'No'.
- Log Test Preferred language:** A dropdown menu with 'English' selected.
- Sex:** Radio buttons for 'Male' and 'Female'.
- Years of education:** A dropdown menu with 'Other (Specify in 1. College Program - 12 (unless years are repeated or stopped))'.
- History of concussion:** Radio buttons for 'Yes' and 'No'.
- History of learning disability:** Radio buttons for 'Yes' and 'No'.
- History of vision which disorder:** A text box for specifying the disorder.

At the bottom left, there is a purple 'Save' button with a red arrow pointing to it, indicating where to click to save the profile.

Creating Your Account

- Check the box to accept the “Terms and Conditions” and then click “Submit”

✓ Profile updated

Pass Video Quiz Update Profile Agree To License Manage Your Teams Take Baseline Manage Your Account

1 2 3 4 5

Terms and Conditions

Consent to participate in research and development for the XLNTbrain Concussion Management Program

Athlete Consent to participate in research and development for the XLNTbrain Concussion Management Program

XLNTbrain LLC is dedicated to continuous research and development of the XLNTbrain Concussion Management Program to better serve student athletes like you. For this we ask your permission to use the data that we gather during your baseline testing and, if applicable, post-concussion testing to further research and develop the XLNTbrain Baseline Testing program and the effects of concussion on student athletes.

Participation: From time to time you may be asked to take all or part of the XLNTbrain-cog baseline cognitive test, or potentially new cognitive tests to be added to the test battery.

Identity protection: The data we collect for research and development purposes will not be linked to your identity in any way.



Possible risks: The risks associated with participation are similar to the risks of using home computers, laptops, tablets, and smartphones. These risks include but are not limited to fatigue, pain or numbness in the hands, blurred vision, and headaches from overuse of these devices. Since the XLNTbrain program requires only limited use of these devices, it is unlikely that these effects will occur.

Possible benefits: Your contributions may help to build a better concussion management program, which in turn may help thousands of sufferers of concussion injury in sports and even save lives.

By electronically signing this form below, you agree to participate in the research and development for the XLNTbrain Concussion Management Program. You may review this agreement at anytime by clicking the appropriate link on your dashboard. You may revoke this agreement at anytime by sending a request in writing to:

XLNTbrain LLC

☒ I accept the terms.

  [✓ Submit](#) [Print Terms](#)

Creating Your Account

- Check only the sports you hope to participate in this school year and then click “Update your teams”

The screenshot shows a four-step progress bar at the top: 'Pass Video Quiz', 'Update Profile', 'Agree To License', and 'Manage Your Teams'. The fourth step is active, indicated by a blue circle with the number 4. Below the progress bar, the heading 'Manage Your Teams' is followed by instructions: 'Place a check next to any teams you are a member of and then click the "Update your teams" button. You can edit your team affiliations at any time by clicking the "Manage your teams" button on your dashboard.' Under the heading 'Stafford High', there is a list of sports, each with an unchecked checkbox: Baseball, Boys Basketball, Boys Lacrosse, Boys Soccer, Cheerleading, Field Hockey, Football, Girls Basketball, Girls Lacrosse, Girls Soccer, Gymnastics, Softball, Track and Field, Volleyball, and Wrestling. At the bottom left, there is a purple button labeled 'Update your teams', which is pointed to by a red arrow.

Pass Video Quiz Update Profile Agree To License Manage Your Teams

Manage Your Teams

Place a check next to any teams you are a member of and then click the "Update your teams" button.
You can edit your team affiliations at any time by clicking the "Manage your teams" button on your dashboard.

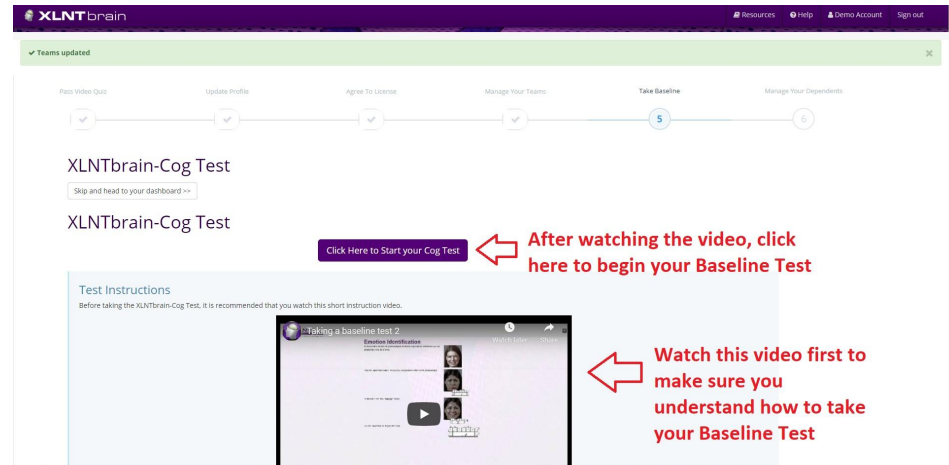
Stafford High

- ☐ Baseball
- ☐ Boys Basketball
- ☐ Boys Lacrosse
- ☐ Boys Soccer
- ☐ Cheerleading
- ☐ Field Hockey
- ☐ Football
- ☐ Girls Basketball
- ☐ Girls Lacrosse
- ☐ Girls Soccer
- ☐ Gymnastics
- ☐ Softball
- ☐ Track and Field
- ☐ Volleyball
- ☐ Wrestling

Update your teams

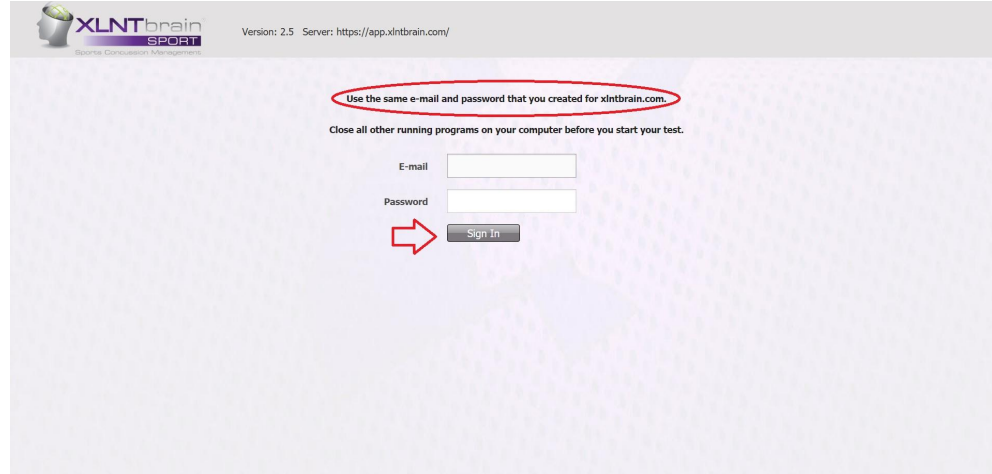
Taking Your Baseline Test

- Watch the instructional video for how to take your baseline test
- Click the purple “Start your CogTest” button when you are ready to begin



Taking Your Baseline Test

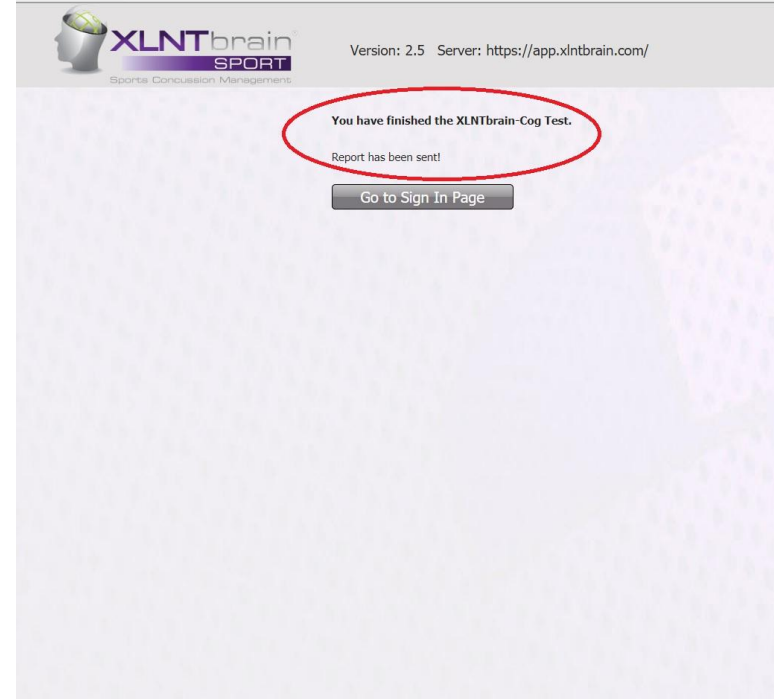
- At this stage, you are ready to take your Baseline Test. Make sure you are in a quiet environment that is free of distractions.
- Sign in using the email and password you created at the beginning of this process
- When you click “Sign In,” the Baseline Test will begin and will take approximately 30-40 minutes to complete



The screenshot shows the login interface for XLNTbrain SPORT. At the top left is the logo with a brain icon and the text "XLNTbrain SPORT" and "Sports Concussion Measurement". To the right, it says "Version: 2.5 Server: https://app.xlntbrain.com/". Below this, a red oval highlights the instruction: "Use the same e-mail and password that you created for xlntbrain.com." Underneath is another instruction: "Close all other running programs on your computer before you start your test." The login form consists of two input fields labeled "E-mail" and "Password", followed by a "Sign In" button. A red arrow points to the "Sign In" button.

Taking Your Baseline Test

- Your Baseline Test results will save to XLNTBrain automatically once you are finished
- When you receive confirmation that you have finished your Baseline Test (see picture), that means you are done and it is safe to log out of your XLNTBrain account



Athletic Trainer Contact Information

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